

Updates in Spinal Diseases

A CME Conference designated for AMA PRA Category 1 Credit™



Thursday

June 10, 2010

5:30 PM to 8:30 PM

Crest Hollow Country Club

8325 Jericho Turnpike

Woodbury, New York

COURSE CO-DIRECTORS:

Ramin Rak, MD

Alan Mechanic, MD

FACULTY:

Richard Byrnes, MD

Donald Krieff, DO

Farhad Haeri, PT, DPT, MTC

**North
Shore LIJ** *Huntington Hospital*

Statement of Need: This conference will highlight the most recent traditional surgical advances in treating spinal problems. In addition, a less invasive surgical approach will be presented that will include minimal access surgery techniques (MAST), CyberKnife stereotactic radiosurgery and microsurgery for metastatic spine tumors.

Objectives: All North Shore-LIJ Health System CME activities are designed to improve patient care.

At the conclusion of the conference, the participant should be able to:

- **Explain** the outcomes benefits of stereotactic radiosurgery in patients with spinal metastases.
- **Review** the current treatment options for patients with spinal tumors, spinal stenosis and spinal compression fractures.
- **Discuss** the current clinical research findings on a variety of spinal conditions.
- **Identify** patients who might benefit from a minimally invasive surgical approach to spinal disease.
- **Utilize** the latest technologies and instrumentation to reduce hospital stays and promote faster post-operative recoveries.

Target Audience: Internists, Family Practitioners, Orthopaedists, Neurologists, RN's, PAs, PT's.

Accreditation: North Shore-LIJ Health System is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for Physicians.

Credit Designation: The North Shore – LIJ Health System designates this educational activity for a maximum of **2.0 AMA PRA Category 1 credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: The American Nurses Credentialing Center (ANCC) will accept **1.0 AMA PRA Category 1 credit™** as equal to 1.0 ANCC contact hours. Nurses should inquire with their specialty organizations and professional institutions as to their acceptance of **AMA PRA Category 1 Credit™**.

Verification of Attendance will be provided to all professionals.

Disclosure Policy: North Shore-LIJ Health System adheres to the ACCME's New Standards for Commercial Support. Any individuals in a position to control the content of a CME activity, including faculty, planners and managers, are required to disclose all financial relationships with commercial interests. All identified potential conflicts of interest are thoroughly vetted by North Shore-LIJ for fair balance and scientific objectivity and to ensure appropriateness of patient care recommendations.

Where: Crest Hollow Country Club, 8325 Jericho Turnpike, Woodbury, NY 11797.

For directions please call: (516) 692.8000. www.cresthollow.com

Fee: Pre-registration by June 7, 2010: \$35.00

Pre-registration fee includes conference registration, CME credit, dinner and course material.

After June 7, 2010 or "walk-in" registration fee: \$50.00

Cancellation Policy: To receive a refund, all cancellations must be confirmed in writing to the Office of Continuing Medical Education by June 7, 2010. An administrative fee of \$20 will be retained. No refunds will be made after this date, or for "no-shows".

Conference Information: Conference coordinated by North Shore – LIJ Health System's Office of Continuing Medical Education. Phone (516) 465-3263 (3CME); Fax (516) 465-8204.

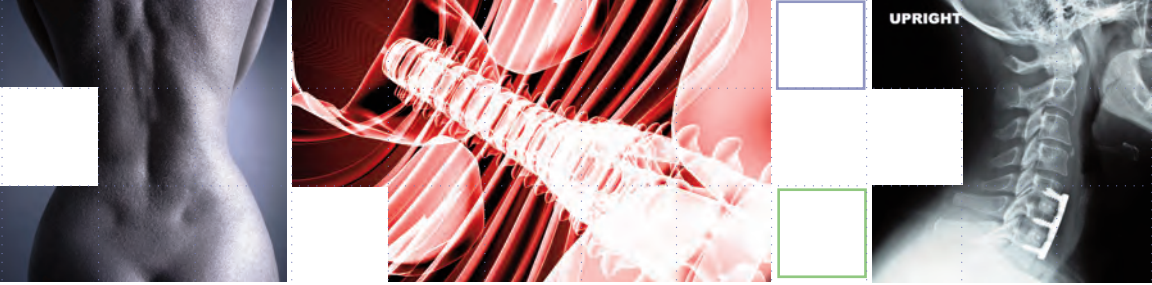
Americans with Disabilities Act: This conference is in compliance with provisions of the Americans With Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Office of Continuing Medical Education at North Shore-LIJ Health System at 516-465-2500.

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PROGRAM OF THE DAY

- 5:30 PM **Registration and Buffet Dinner**
- 6:30 PM **Welcome and Introduction**
Microsurgical Techniques in Spinal Surgery
Ramin Rak, MD
*Attending Neurosurgeon, Division of Neurosurgery
Huntington Hospital
Huntington, NY*
- 6:40 PM **Spinal Cord Stimulation for Treatment of Pain**
Donald Krieff, DO
*Attending Neurosurgeon, Division of Neurosurgery
Huntington Hospital
Huntington, NY*
- 7:00 PM **Stereotactic Radiosurgery for
the Treatment of Spinal Tumors**
Richard Byrnes, MD
*Chief, Radiation Oncology
Huntington Hospital
Huntington, NY
Director, Cyberknife of Long Island
Smithtown, NY*
- 7:20 PM **Physiotherapy in Non-Surgical
Management of Spinal Disorders**
Farhad Haeri, PT, DPT, MTC
*Assistant Professor of Physiotherapy
SUNY-Downstate Medical Center
Brooklyn, NY*
- 8:00 PM **Minimally Invasive Spinal Surgery**
Alan Mechanic, MD, FACS
*Chief, Division of Neurosurgery
Huntington Hospital
Huntington, NY*
- 8:20 PM **Questions and Answers**
- 8:30 PM **Closing Remarks and Adjourn**



Conference Planning Committee:

Rick Hostnik

Jennifer Kramer

Alan Mechanic, MD, FACS

Ramin Rak, MD

Hilde Schiaffo

Mary B. Strong, MA

Conference Coordinated By

North Shore-LIJ Health System's Office of Continuing Medical Education

Mary B. Strong, MA

Director

Continuing Medical Education

Rick Hostnik

Assistant Director

Continuing Medical Education

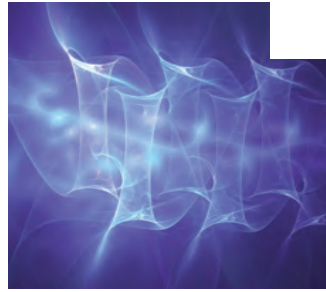
Conference Coordinator

Acknowledgements

***All commercial support will be acknowledged on
the conference program of the day.***

NORTH SHORE-LIJ HEALTH SYSTEM
Office of Continuing Medical Education
175 Community Drive
Great Neck, NY 11021

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DATED MATERIAL